

10 LITTLE THINGS YOU CAN DO FOR OUR SEA WHILE HERE...

PLASTIC BOTTLES ARE SO LAST CENTURY

Our tap water is good. Carry your reusable bottles.

AVOID ANY SINGLE-USE

The throw-away culture is not ending by replacing plastic with some other material. REFUSE, REDUCE, REUSE, REPAIR and RECYCLE!

PICK UP THE TRASH

Pick up the trash you find at the beach. Every single minute a truck full of garbage ends up into our seas and oceans.

LEAVE THE SEA AND THE BEACH AS THEY ARE

Enjoy the beauty and bring home only photos, stories and memories.



REDUCE ENERGY USE

Reduce the effects of climate change on the ocean by using your car less as possible. When using the air conditioning be sure windows are closed. Be moderate.

CARRY YOUR REUSABLE SHOPPING BAG

Tens of thousands of whales, birds, seals and turtles are killed every year from plastic bags.

DON'T LEAVE CIGARETTE BUTTS

Cigarette butts are toxic and are among top-5 items found at beaches. You smoke for 7 minutes but they stay in the environment up to 5 years.

CONSERVE WATER

By reducing the amount of water we send down our drains we can also cut down on the total amount of wastewater that we have to treat before releasing it into the sea.

CONSUME SUSTAINABLY AND RESPONSIBLY

Local food and products mean less energy, emissions and less plastic for packaging BUT local does not always mean sustainable. Choose local+organic whenever you can. Buy sustainable seafood and support sustainable fisheries.

TELL YOUR FRIENDS

A
M O R E
Friend
of the Sea
2021

is helping to raise awareness about the need to preserve our seas.



DONATE

aMORE festival of the sea is a non-profit.